

Jack J. Bauer

Curriculum Vitae as of September 2025

Department of Psychology, University of Dayton, Dayton, Ohio 45469, USA
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Education

- Postdoctoral Fellowship (*Specialty*: Personality Development) 1999–2002
Northwestern University, The Foley Center for the Study of Lives, Evanston, IL
Advisor: Dan P. McAdams, Ph.D.
- Ph.D., Psychology (*Specialty*: Human Development) 1993–1999
The Catholic University of America, The Life Cycle Institute, Washington, DC
Advisor: George A. Bonanno, Ph.D.
- B.A., Economics 1985–1989
College of the Holy Cross, Worcester, MA

Professorial Positions

- University of Dayton, Dayton, OH 2006–present
Professor 2015–present
Raymond A. Roesch, S.M., Endowed Chair in the Social Sciences 2010–2014
Associate Professor 2009–2015
Assistant Professor 2006–2009
- Northern Arizona University, Flagstaff, AZ, *Assistant Professor* 2002–2006
Northwestern University, *Research Assistant Professor* 2001–2002
Washington College, Chestertown, MD, *Visiting Assistant Professor* 1999

Editorial Positions

- Co-Editor, *Journal of Happiness Studies* 2019–2025
Managing Co-Editor, special issue, *Journal of Research in Personality* 2021–2022
Associate Editor, *Journal of Personality and Social Psychology* 2009–2011
Guest Action Editor, *Journal of Research in Personality* 2008 & 2011
Editorial Board, *Sage Handbook of Personality and Individual Differences* 2016–2018
Editorial Board, *Journal of Research in Personality* 2006–2018
Editor, Corporate Communications, Harris Bank, Chicago, IL 1991–1992
Editor, *Pioneer-Tribune* (newspaper), Manistique, MI 1990–1991

Research Topics

- *Narrative identity*: development of self-identity and meaning-making, notably in life stories
- *The good life*: in psychology and philosophy, East and West; well-being, happiness, meaning in life, authenticity, wisdom, love, growth, moral values/virtues and motives
- *Personal growth*: Growth motivation, self-development, self-actualizing
- *The quiet ego*: detached awareness, compassion, perspective-taking, growth-mindedness
- Cultural master narratives of personal growth and the good life
- Major life decisions, transitions, and adjustment
- Qualitative and quantitative mixed methods; narrative and scale measurement construction

Courses Taught

Undergraduate:

Identity, Growth, Flourishing (senior capstone)
 Personality Psychology
 Adult Development and Aging
 Human Growth and Development
 History of Psychology
 Self and Identity
 Life-Span Development
 Child Psychology
 Intentional Self-Development
 Social Psychology
 Introduction to Psychology
 Summer Study Abroad Prep

Graduate:

Personality Development
 History of Psychology

Books

Bauer, J. J., & Wayment, H. A. (expected 2026). *The Quiet Ego: Balance and Growth, Inside and Out*. New York: Oxford University Press.

Bauer, J. J. (2021). *The Transformative Self: Personal Growth, Narrative Identity, and the Good Life*. New York: Oxford University Press.

Wayment, H. A., & Bauer, J. J. (Eds.) (2008). *Transcending Self-Interest: Psychological Explorations of the Quiet Ego*. Washington, D.C.: American Psychological Association Books.

Journal Articles and Book Chapters (*co-authored with students)

Bauer, J. J. (invited manuscript in prep). Wisdom has a quiet ego: Phronesis, poiesis, and the narrative, transformative self. In V. Domingo & K. Kristjánsson (Eds.), *Educating character for human flourishing: The integrative dynamics of human moral growth*. Heidelberg: Springer.

Bauer, J. J., & Dixon, S. G. (invited manuscript revised and resubmitted). The transformative self: How our stories cultivate growth and flourishing. In D. S. Dunn (Ed.), *Positive psychology: Established and emerging issues*. New York: Routledge.

Mansfield, C. D., Bauer, J. J., Booker, J. A., Grysman, A., Singer, J. A., & Fivush, R. (manuscript revised and resubmitted). What might we learn about autobiographical

narrative processing from artificial intelligence? *Nature: Humanities and Social Sciences Communications*.

Brown, M., Gonzalez, N., & Bauer, J. J. (in press). Contextual preferences for growth motivation in mates. *Evolutionary Psychological Science*.

Bauer, J. J. (in press). The transformative self: How the narrative architecture of identity frames humane flourishing and authenticity. In K. Vail, D. Van Tongeren, B. Schlegel, J. Greenberg, L. A. King, & R. M. Ryan (Eds.), *Handbook of the Science of Existential Psychology*.

Bauer J. J. (2024). Wise thoughts on phronesis. *Theory and psychology*, 34, 699-706.
 • Essay and review of K. Krisjánsson & B. J. Fowers (Eds.), *Phronesis: Retrieving Practical Wisdom in Psychology, Philosophy, and Education*.

Bauer, J. J. (2024). From insight to growth: How the quiet ego facilitates decision crystallization and the transformative self turns it into flourishing. In K. Taku & T. K. Shackelford (Eds.), *Handbook of Changes in Human Perceptions and Behaviors* (pp. 171-186). New York: Routledge.

Gryzman, A., Mansfield, C. D., Singer, J. A., Camia, C., Booker, J. A., Bauer, J. J., & Fivush, R. (2024). Human or Artificial Intelligence: Can people tell the difference in first-person narratives? *Journal of Applied Research in Memory and Cognition*. Online first.

*Bauer, J. J., & Weatherbie, K. J. (2023). The quiet ego and human flourishing. *Journal of Happiness Studies*, 24, 2499-2530.

*Bauer, J. J., Graham, L. E., Mooney, S. E., Geisz, A. M., & Mueller, M. (2022). A good life story: Deconstructing (and integrating) elements of narrative identity and a good life, with an emphasis on humanistic growth. *Journal of Research in Personality*, 101, 1-14.

Bauer, J. J., Thomsen, D. K., et al. (2022). A tribute to Will Dunlop. *Journal of Research in Personality*, 101, 1-4.

Bauer, J. J., & Thomsen, D. K. (2022). Introduction to the special issue on “Storying the Good Life.” *Journal of Research in Personality*, 101, 1-4.

*Bauger, L., Bongaardt, R., & Bauer, J. J. (2021). Complexity and happiness? The development of self-authorship, eudaimonic motives, age, and subjective well-being. *Journal of Happiness Studies*, 22, 1313-1340.

*Bauer, J. J., Park, S.W., Kamide, H., Pesola, N. V., Kamble, S. V., Graham, L. E., DeBrosse, J., & Waddar, M. S. (2020). Growth motivation and well-being in the U.S., Japan, Guatemala, and India. *Journal of Happiness Studies*, 21, 899-919.

- DesAutels, P., & Bauer, J. J. (2020). Virtuous women. In E. Nahmias, T. Polger, & W. Zhao (Eds.), *The natural method: Essays on ethics, mind, and self in honor of Owen Flanagan* (pp. 157-172). Cambridge, MA: MIT.
 • *This book is in the field of philosophy*
- *Bauer, J. J., Graham, L. E., Lauber, E. A., & Lynch, B. P. (2019). What growth sounds like: Redemption, self-improvement, and eudaimonic growth across different life events in relation to well-being. *Journal of Personality*, 87, 546-565.
- Bauer, J. J., King, L. A., & Steger, M. F. (2019). Meaning-making, self-determination theory, and the question of wisdom in personality. *Journal of Personality*, 87, 82-101.
- Bauer, J. J., & DesAutels, P. (2019). Eudaimonia^{Cosmopolitan}: Toward an integrative, developmental model of a good life. In B. Soek (Ed.), *Naturalism, Human Flourishing and Asian Philosophy: Owen Flanagan and Beyond*, pp. 53-73. Albany, NY: SUNY Press.
 • *This book is in the field of philosophy*
- *Bauer, J. J., & Shanahan, C. (2019). Gratitude, authenticity, and self-authorship. In R. C. Roberts & D. Telech (Eds.), *The Moral Psychology of Gratitude* (pp. 217-242). London: Rowman & Littlefield.
 • *This book is in the field of philosophy*
- Bauer, J. J., & DesAutels, P. (2019). When life gets in the way: Generativity and the development of non-idealized virtues in women's life stories. *Journal of Moral Education*, 48, 126-145.
- Bauer, J. J., & DesAutels, P. (2019). Toward an integrated psychology and philosophy of good life stories. In N. E. Snow & D. Narvaez (Eds.) *Self, Motivation, and Virtue: Innovative interdisciplinary research*, pp. 127-146. New York: Routledge.
 • *Interdisciplinary: psychology and philosophy*
- Wayment, H. A., & Bauer, J. J. (2018). The quiet ego: Motives for self-other balance and growth in relation to well-being. *Journal of Happiness Studies*, 19, 881-896.
- Wayment, H. A., & Bauer, J. J. (2017). The quiet ego: Concept, Measurement, and Well-Being. In M. Robinson & M. Eid (Eds.), *The Happy Mind: Cognitive Contributions to Well-Being* (pp. 77-94). New York: Springer.
- Bauer, J. J. (2016). Eudaimonic growth: The development of the goods in personhood (or: cultivating a good life story). In J. Vittersø (Ed.), *Handbook of Eudaimonic Well-Being*, pp. 147-174. Cham, Switzerland: Springer.
- *Bauer, J. J., Park, S. W., Montoya, R. M., & Wayment, H. A. (2015). Growth motivation toward two paths of eudaimonic self-development. *Journal of Happiness Studies*, 16, 185-210.

- *Wayment, H. A., Bauer, J. J., & Sylaska, K. (2015). The quiet ego scale: Measuring the compassionate self-identity. *Journal of Happiness Studies*, 16, 999-1033.
- *Bauer, J. J., Schwab, J. R., & McAdams, D. P. (2011). Self-actualizing: Where ego development finally feels good? *The Humanistic Psychologist*, 39, 121-136.
- Bauer, J. J. (2011). The postconventional self: Ego maturity, growth stories ... and happiness? In A. Pfaffenberger, P. W. Marko, and A. Combs (Eds.), *The Postconventional Personality: Perspectives on Higher Development*, pp. 101-118. Albany, NY: SUNY Press.
- Bauer, J. J., & McAdams, D. P. (2010). Eudaimonic growth: Narrative growth goals predict increases in ego development and subjective well-being three years later. *Developmental Psychology*, 46, 761-772.
- *Bauer, J. J., & Park, S. W. (2010). Growth isn't just for the young: Growth narratives, eudaimonic resilience, and the aging self. In P. S. Frye and C. L. M. Keyes (Eds.), *New Frontiers in Resilient Aging*, pp. 60-89. Cambridge, England: Cambridge University Press.
- *Park, S., Bauer, J. J., & Arbuckle, N. B. (2009). Growth motivation attenuates the self-serving attribution. *Journal of Research in Personality*, 43, 914-917.
- Bauer, J. J. (2009). Intentional self-development. In S. J. Lopez (Ed.), *Encyclopedia of Positive Psychology*, pp. 523-527. London: Blackwell.
- Bauer, J. J. (2009). Growth goals. In S. J. Lopez (Ed.), *Encyclopedia of Positive Psychology*, pp. 447-453. London: Blackwell.
- *Bauer, J. J., & Perciful, M. S. (2009). Constructivism. In S. J. Lopez (Ed.), *Encyclopedia of Positive Psychology*, pp. 226-231. London: Blackwell.
- Bauer, J. J. (2008). How the ego quiets as it grows: Ego development, growth stories, and eudaimonic personality development. In H. A. Wayment & J. J. Bauer (Eds.), *Transcending Self-Interest: Psychological Explorations of the Quiet Ego*, pp. 199-210. Washington, D.C.: American Psychological Association Books.
- Bauer, J. J., & Wayment, H. A. (2008). The psychology of the quiet ego. In H. A. Wayment & J. J. Bauer (Eds.), *Transcending Self-Interest: Psychological Explorations of the Quiet Ego*, pp. 3-19. Washington, D.C.: American Psychological Association Books.
- Bauer, J. J., McAdams, D. P., & Pals, J. L. (2008). Narrative identity and eudaimonic well-being. *Journal of Happiness Studies*, 9, 81-104.
 • *Part of a special issue on eudaimonic well-being*
- Dickson, K. L., & Bauer, J. J. (2008). Do students learn course material during crib sheet construction? *Teaching of Psychology*, 35, 1-4.

*Park, S., Bauer, J. J., & Arbuckle, N. B. (2008). Growth motivation: A buffer against low self-esteem. *The Ohio Psychologist*, 55, 18-20.

Bauer, J. J. (2007). Happiness: Evidence for Aristotle (and then some). (A review of J. Haidt, *The Happiness Hypothesis: Finding Modern Truth in Ancient Wisdom*.) *Journal of Positive Psychology*, 2, 76-78.

*McAdams, D. P., Bauer, J. J., Sakaeda, A. R., Anyidoho, N. A., Machado, M. A., Magrino-Failla, K., White, K. W., Pals, J. L. (2006). Continuity and change in the life story: A longitudinal study of autobiographical memories in emerging adulthood. *Journal of Personality*, 74, 1371-1400.

*Bauer, J. J., McAdams, D. P., & Sakaeda, A. R. (2005a). Crystallization of desire and crystallization of discontent in narratives of life-changing decisions. *Journal of Personality*, 73, 1181-1213.

*Bauer, J. J., McAdams, D. P., & Sakaeda, A. R. (2005b). Interpreting the good life: Growth memories in the lives of mature, happy people. *Journal of Personality and Social Psychology*, 88, 203-217.

Bauer, J. J., & McAdams, D. P. (2004a). Growth goals, maturity, and well-being. *Developmental Psychology*, 40, 114-127.

Bauer, J. J., & McAdams, D. P. (2004b). Personal growth in adults' stories of life transitions. *Journal of Personality*, 72, 573-602.

- Part of a special issue showcasing original research on narrative identity

McAdams, D. P., & Bauer, J. J. (2004). Gratitude in modern life: Its manifestations and development. In R. A. Emmons and M. E. McCullough (Eds.), *The Psychology of Gratitude* (pp. 81-99). New York: Oxford University Press.

Bauer, J. J. (2003). Making sense of making sense of loss. *Contemporary Psychology: The APA Review of Books*, 48, 165-167.

- Review of Robert A. Neimeyer (Ed.), *Meaning reconstruction and the experience of loss*.)

Bauer, J. J., & Bonanno, G. A. (2001a). Continuity amid discontinuity: Bridging one's past and present in stories of conjugal bereavement. *Narrative Inquiry*, 11, 123-158.

Bauer, J. J., & Bonanno, G. A. (2001b). Doing and being well (for the most part): Adaptive patterns of narrative self-evaluation during bereavement. *Journal of Personality*, 69, 451-482.

Bauer, J. J., & Bonanno, G. A. (2001c). I can, I do, I am: The narrative differentiation of self-efficacy and other self-evaluations while adapting to bereavement. *Journal of Research in Personality*, 35, 424-448.

Hart, H. M., McAdams, D. P., Hirsch, B. J., & Bauer, J. J. (2001). Generativity and social involvement among African-American and among White adults. *Journal of Research in Personality*, 35, 208-230.

Bauer, J. J., & McAdams, D. P. (2000). Competence, relatedness, and autonomy in life stories. *Psychological Inquiry*, 11, 276-279.

Talks (*see also workshops; *co-authored with students*)

Bauer, J. J. (2025, October). *How a quiet ego narrates a transformative self*. Invited talk, Northern Arizona University, Yuma, AZ.

Bauer, J. J. (2025, September). *Interdependently transformative selves: Personhood from the perspective of a quiet ego*. Talk at the Psychology and the Other Conference, Boston College.

Bauer, J. J. (2025, May). *Personology: past, present, and possibilities*. Roundtable discussion chair. Annual meeting of the Society for Personology, University of California, Santa Barbara.

Bauer, J. J. (2025, May). *Cultural master narratives of growth in the hard and soft margins of society*. Invited paper at the annual meeting of the Society for Personology, University of California, Santa Barbara.

Bauer, J. J. (2025, May). *Deep psychological science*. Talk at the annual meeting of the Society for Theoretical and Philosophical Psychology, Pittsburgh, PA.

Bauer, J. J. (2024, November). *How quiet versus noisy egos discern truth and talk about it*. Invited talk at the Post-Election Teach-In and Reflection seminar, University of Dayton, Dayton, OH.

Bauer, J. J. (2024, October). *The transformative self: Cultivating stories that foster flourishing*. Invited talk, University of Massachusetts, Amherst, MA.

Bauer, J. J. (2024, April). *Wise thoughts on phronesis*. Symposium talk at the annual meeting of the Society for Theoretical and Philosophical Psychology, Pittsburgh, PA.

Bauer, J. J. (2023, December). *Ethical self-authorship and the quiet ego*. Invited talk for the Greensboro Society for Financial Service Professionals, Greensboro, NC.

Bauer, J. J., & Grysman, A. (2023, October). *Artificial intelligence, narrative, and personhood*. Session leaders at the Narrative Research Group meeting, Park City, UT.

- Bauer, J. J. (2022, June). *On Dan McAdams's psychobiography of Joe Biden*. Session leader at the annual meeting of the Society for Personology at the University of California, Berkeley, CA.
- Bauer, J. J. (2022, May). *How stories foster flourishing*. Invited talk for AP Psychology courses at Oakwood High School, Oakwood, OH.
- Bauer, J. J. (2022, May). *Value and the good life story*. Invited talk for the Network for Research on Morality. University of Miami, Coral Gables, FL.
- Wayment, H. A., & Bauer, J. J. (2022, March). *The quiet ego*. Invited talk for the Esséré Leadership Conference for business executives. Luxembourg.
- Bauer, J. J. (2022, February). *The legacy of Will Dunlop*. Introduction and discussion of symposium at the Dynamic Personality Development preconference of the annual convention of the Society for Personality and Social Psychology, San Francisco.
- Bauer, J. J. (2021, October). *Wisdom, you, and the historical moment*. Address at the induction ceremony of the Cum Laude Society chapter of Gilmour Academy, Gates Mills, OH.
- Bauer, J. J. (2021, September). *The transformative self: Cultivating humane growth for the self and others through narrative*. Invited talk, St. Remy Initiative lecture series for area teachers and principals, Dayton, OH.
- Bauer, J. J. (2021, April) *The transformative self: Personal growth, narrative identity, and the good life*. Invited talk, University of Missouri, Columbia.
- Bauer, J. J. (2020, October). *The transformative self: Growth themes in narrative identity*. Featured Q&A session on my life's work on narrative identity and the good life, University of California, Riverside.
- Bauer, J. J. (2018, April). *The transformative self: Growth isn't just for the young*. Invited talk, Community of St. Peter lecture series, Cleveland, OH.
- DesAutels, P., & Bauer, J. J. (2018, February). *The virtuous self-development of women in non-ideal circumstances*. Talk at Workshop on Moral Reasoning under Oppressive Social Conditions, Concordia University, Montreal, Canada.
• *In the field of philosophy*
- DesAutels, P., & Bauer, J. J. (2017, September). *Virtuous women*. Invited talk, Duke University, Durham, NC.
• *In the field of philosophy*
- *Bauer, J. J., & Shanahan, C. (2017, September). *Gratitude, authenticity, and self-authorship*. The Moral Psychology of Gratitude Forum, University of Chicago, Chicago, IL.

- *In the field of philosophy*

DesAutels, P., & Bauer, J. J. (2017, June). *When life gets in the way: Non-idealized paths of virtuous self-development*. The Self, Motivation, and Virtue Conference, University of Oklahoma, Norman, OK.

- *Transdisciplinary: psychology and philosophy*

Bauer, J. J., & DesAutels, P. (2016, May). *Toward eudaimonic growth: Constructing a good life story in non-idealized contexts*. The Self, Motivation, and Virtue Conference, University of Notre Dame, South Bend, IN.

- *Transdisciplinary: psychology and philosophy*

Bauer, J. J. (2015, May). *Life stories and transitions*. Proctor & Gamble, Clay Street Project, Cincinnati, OH.

Bauer, J. J., & DesAutels, P. (2015, March). *Eudaimonic growth: How virtues and motives shape the narrative self and its development within a social ecology*. The Transdisciplinary Moral Forum, Marquette University, Milwaukee.

- *Transdisciplinary: psychology and philosophy*

Bauer, J. J. (2015, March). *Coding narratives for flow and meaning-making*. Invited to conduct workshop for the Qualitative Research Lab, Quality of Life Research Center, Claremont Graduate University, Claremont, CA.

Bauer, J. J. (2014, April). *The transformative self: Narrating growth at the margins of personhood*. Featured speaker for the lecture series, “The Transformative Periphery: Negotiating Identities from the Margins,” part of the interdisciplinary “Identities in Transformation” program at the Long Room Hub at Trinity College, Dublin, Ireland.

Bauer, J. J. (2013, June). *What is a good life?* Invited paper at the annual meeting of the Society for Personology, Smith College, Northampton, MA.

Bauer, J. J. (2013, January). *Transformation and narrative identity: An introduction*. Paper for symposium at the annual convention of the Society for Personality and Social Psychology, New Orleans. Symposium for Div. 8 –Personality and Social Psychology.

Bauer, J. J. (2012, November). *Growth is not just for the young: Narratives of the aging, transformative self*. Paper in symposium (J. Lodi-Smith & S. K. Whitbourne, co-chairs), Creative approaches to integrating idiographic and nomothetic methods to study the lived life. Annual convention of the Gerontological Society of America, San Diego, CA.

Bauer, J. J. (2012, October). *Compassion and the transformative self*. Invited paper at the Living Compassion Conference, Northern Arizona University, Flagstaff, AZ.

*Bauer, J. J., & Graham, L. E. (2012, March). *The transformative self: Transcendence in narratives of eudaimonic growth*. Paper in symposium (J. Martin & M. Freeman, co-

chairs), Narrative perspectives in the psychology of personhood. Annual convention of the Society for Humanistic Psychology, Pittsburgh.

- Bauer, J. J. (2011, November). *The science of life stories and personal growth*. Invited symposium paper for the annual Spotlight on Technology, Art, Research, and Scholarship, University of Dayton.
- Bauer, J. J. (2011, May). *The inimitable narratives of eudaimonic growth*. Invited paper for colloquium at Wright State University, Dayton, OH.
- Bauer, J. J. (2011, February). *The humanities and the education pie: Be the crust, not a piece*. Paper for the 18th Annual Humanities Symposium (P. A. Johnson, Chair), University of Dayton.
- Bauer, J. J. (2010, November). *Distill your point, value your reviewers, and don't bullshit*. Invited as presenter and panel participant in the annual Editor's Roundtable, a workshop for the University of Dayton Research Fellows Series, Dayton, OH.
- Bauer, J. J. (2010, September). *Meaning, happiness, and science*. Keynote address for the Annual Joint Installation of Endowed Chairs at the University of Dayton. Dayton, OH.
- Bauer, J. J. (2009, November). *Life stories and the science of personal growth*. Invited paper for colloquium at Wittenberg University, Springfield, OH.
- Bauer, J. J. (2009, November). *Making sense of personal narratives*. Invited to conduct workshop at Center for Civic and Urban Engagement, Wittenberg University, Springfield, OH.
- *Park, S., & Bauer, J. J. (2009, May). *Portraits of subjective and psychological well-being*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago.
- *Bauer, J. J., Park, S., & McAdams, D. P. (2009, February). *The incremental validity of growth narratives in the eudaimonic personality*. Paper in symposium (J. Lodi-Smith, chair), Incremental Validity of Narratives as Predictors of Psychological Health." Annual convention of the Society for Personality and Social Psychology, Tampa, FL.
- Bauer, J. J., & McAdams, D. P. (2006, August). *Self-transcendence in life stories and the development of a quiet ego*. Paper in symposium (M. R. Leary, chair), Paths to a Quiet Ego: Reducing the Effects of Excessive Egotism. Annual convention of the American Psychological Association, New Orleans.
- Bauer, J. J. (2005, October). *The heart and the head: Two paths of self-transcendence in stories of personal growth*. Invited paper at conference at Northern Arizona University, "The Quiet Ego: Implications of a Less-Defensive Orientation of the Self," Flagstaff, AZ.

- Bauer, J. J. (2005, October). *The history and scope of quiet ego research*. Opening talk at conference at Northern Arizona University, "The Quiet Ego: Implications of a Less-Defensive Orientation of the Self," Flagstaff, AZ.
- Bauer, J. J. (2005, August). *Growth goals and the intentional cultivation of the good life*. Paper in symposium (J. J. Bauer, chair), Growth Stories: Narrative Identity Development and Its Empirically Emerging Principles. Annual convention of the American Psychological Association, Washington, DC.
- Bauer, J. J. (2005, August). *Growth stories and the good life*. Paper in symposium (A. H. Pfaffenberger & J. J. Bauer, co-chairs), Higher Stages of Personality Development. Annual convention of the American Psychological Association, Washington, DC.
- Bauer, J. J., & McAdams, D. P. (2004, April). *Major life goals, goal hierarchies, and personality development*. Paper at annual convention of the Rocky Mountain Psychological Association, Reno, NV.
- Bauer, J. J. (2003, August). *Growth and well-being in stories of career transitions*. Paper in symposium (D. Blustein, chair), New Perspectives of Vocational Psychology: Views from across the Disciplines. Annual convention of the American Psychological Association, Toronto.
- Bauer, J. J., & Bonanno, G. B. (2002, May). *Narrative self-evaluation while adapting to loss*. Paper at annual convention of the Midwestern Psychological Association, Chicago.
- Bauer, J. J. (2002, February). *Goals, memories, and the self-regulation of personality development*. Invited paper at psychology colloquium at Vassar College, Poughkeepsie, NY.
- Bauer, J. J. (2001, October). *What growth sounds like*. Invited address, Advocate Ravenswood Medical Center, Chicago.
- Bauer, J. J. (2001, August). *Growth and well-being in stories of voluntary life transitions*. Paper at Positive Psychology Summer Training Institute, Sea Ranch, CA.
- *Bauer, J. J., & Sakaeda, A. R. (2001, July). *Growth themes in autobiographical memories*. Paper in symposium (B. Woike, chair), Advances in Autobiographical Memory Research: Implications for Developmental and Personality Psychology. The Third International Conference on Memory, Valencia, Spain.
- *Bauer, J. J., Sakaeda, A. R., & McAdams, D. P. (2001, May). *Desire and discontent in making life decisions*. Paper at annual convention of the Midwestern Psychological Association, Chicago.
- Bauer, J. J. (2000, November). *Personal growth and the life story*. Invited paper for colloquium series at Teachers College, Columbia University, New York.

Bauer, J. J. (1998, November). *Personality and social psychological perspectives on narrative identity during life change*. Paper at annual meeting of the Capitol Area Social Psychological Association, Washington, DC.

Bauer, J. J. (1998, February). *Leading discussions in the classroom*. Invited to conduct annual teaching workshop for professors and teaching assistants, Catholic University.

Bauer, J. J. (1991, January). *How to write stories for a newspaper*. Invited to conduct journalism workshop for high school students, Manistique, Michigan.

Conferences, Seminars, & Lecture Series Organized

Society for Personology (2025). Program coordinator for annual conference at the University of California, Santa Barbara.

Narrative Research Group (2014-present). Founding sponsor and co-coordinator of organization of leading narrative psychology scholars.

- Conferences: Wellfleet, Cape Cod, MA, 2014; Park City, UT, 2016; Canandaigua, NY, 2018; Park City, UT, 2022.

Roesch Chair Lecture in the Social Sciences (2011 – 2013). Founding coordinator of this lecture series at the University of Dayton, featuring:

- Haidt, J. (2013, September). *The Righteous Mind: Why Good People Are Divided by Politics and Religion*.
- Flanagan, O. (2012, April). *Eudaimonics: Science and Human Flourishing*.
- McAdams, D. P. (2011, April). *George W. Bush and the Redemptive Dream: A Psychological Portrait*.

Social Sciences Symposium (2010 – 2013). Coordinated four annual conferences for student research at the University of Dayton. Approximately 175 students participated each year.

The Quiet Ego Conference: Implications of a Less Defensive Orientation Toward the Self and Others (October 27-29, 2005). Created and organized by Heidi A. Wayment and Jack J. Bauer. Northern Arizona University, Flagstaff, AZ.

- This conference brought together leading researchers from the areas of personality, social, developmental, clinical, physiological, and industrial/organizational psychology, as well as sociology, to present and discuss research on the limitations of egotism and the benefits and ways of transcending it
- Conference speakers (and chapter authors for the Quiet Ego book) included:

Monika Ardelt, Ph.D. (U. of Florida)	Audrey Korsgaard, Ph.D. (U. of S. Carolina)
Jack Bauer, Ph.D., (Northern Arizona U.)	Virginia Kwan, Ph.D. (Princeton U.)
Kirk W. Brown, Ph.D. (Virginia Comm. U.)	Mark Leary, Ph.D. (Wake Forest U.)
Keith Campbell, Ph.D. (U. of Georgia)	Dan McAdams, Ph.D. (Northwestern U.)
Jennifer Crocker, Ph.D. (U. of Michigan)	Michael McCullough, Ph.D. (U. of Miami)
Ed de St. Aubin, Ph.D. (Marquette U.)	Bruce Meglino, Ph.D. (U. of So. Carolina)
Julie Exline, Ph.D. (Case West. Reserve U.)	Kristin Neff, Ph.D. (U. of Texas, Austin)

Lowell Gaertner, Ph.D. (U. of Tennessee)	Richard Ryan, Ph.D. (U. of Rochester)
Jeff Greenberg, Ph.D. (U. of Arizona)	Heidi Wayment, Ph.D. (No. Arizona U.)
Holley Hodgins, Ph.D. (Skidmore College)	Derrick Wirtz, Ph.D. (No. Arizona U.)
Margaret Kemeny, Ph.D. (UC–San Fran.)	Michael Wohl, Ph.D. (Carleton U.)
Michael Kernis, Ph.D. (U. of Georgia)	

Chaired Symposia at Professional Conferences

Bauer, J. J., Baranski, E., and Jayawickreme, E. (Co-chairs; 2022, February). *Storying the good life: The scholarly and personal legacy of Will Dunlop*. Symposium at the Dynamic Personality Development preconference of the annual convention of the Society for Personality and Social Psychology, San Francisco.

- Speakers: Jordan Booker (University of Missouri), Azriel Grysman (Dickinson College), Cade Mansfield (Weber State University), Joshua Perlin (University of Florida), Dan McAdams (Discussant; Northwestern University), Bauer (Discussant).

Bauer, J. J., & Adler, J. M. (Co-chairs; 2013, January). *From crisis to catalyst: The narrative transformation of difficulty into self development*. Symposium at the annual convention of the Society for Personality and Social Psychology, New Orleans.

- Speakers: Kate C. McLean, Ph.D. (University of Toronto), Jennifer Lihlgendahl, Ph.D. (Haverford College), Monisha Pasupathi, Ph.D. (University of Utah), Jonathan M. Adler, Ph.D. (Franklin W. Olin College of Engineering).

Bauer, J. J. (Chair; 2005, August). *Growth Stories: Narrative Identity Development and Its Empirically Emerging Principles*. Symposium for Div. 8 – Personality and Social Psychology. Annual convention of the American Psychological Association, Washington, DC.

- Speakers: Kate C. McLean, Ph.D. (University of Toronto), Jennifer L. Pals, Ph.D. (Northwestern University), Monisha Pasupathi, Ph.D. & Trisha Weeks, M.A. (University of Utah), Jack Bauer, Ph.D. (Northern Arizona University), and Dan P. McAdams, Ph.D. (Discussant; Northwestern University).

Pfaffenberger, A. H., & Bauer, J. J. (Co-chairs; 2005, August). *Higher Stages of Personality Development*. Symposium for Div. 32 – Humanistic Psychology. Annual convention of the American Psychological Association, Washington, DC.

- Speakers: Angela H. Pfaffenberger, M.A. (Saybrook Graduate School), Jack Bauer, Ph.D. (Northern Arizona University), Fred Travis, Ph.D. (Maharishi University), Dane Hewlett, Ph.D. (Fielding Graduate Institute), Susann Cook-Greuter, Ed.D. (Integral Institute), and Tom Greening, Ph.D. (Discussant; Saybrooke Graduate School).

Poster Presentations (*co-authored with students)

- *Bauer, J. J., & Dixon, S. G. (2025, February). *The quiet ego narrates a transformative self*. Poster at the annual convention of the Society for Personality and Social Psychology, Denver.

- *Masters, C., Bernstein, G., Singer, J. A., & Bauer, J. J. (2024, May). *Differentiating human-generated and AI-generated first-person narratives*. Poster at the annual convention of the Midwestern Psychological Association, Chicago.
- *Weatherbie, K., Musumeci, M., & Bauer, J. J. (2020, February). *How gender affects me: Personal narratives of gender events in relation to maturity and well-being*. Poster at the annual convention of the Society for Personality and Social Psychology, New Orleans.
- *Vargas, G. M., Potempa, A. A., & Bauer, J. J. (2020, February). *Exploring themes of generativity in family stories*. Poster at the annual convention of the Society for Personality and Social Psychology, New Orleans.
- *DeBrosse, J., & Bauer, J. J. (2019, February). *Narratives of lost meaningfulness: When contamination sequences have humanistic themes*. Poster at the annual convention of the Society for Personality and Social Psychology, Portland.
- *Jurgens, C., & Bauer, J. J. (2019, February). *Relatedness and well-being in the digital age*. Poster at the annual convention of the Society for Personality and Social Psychology, Portland.
- *Shanahan, C., & Bauer, J. J. (2019, February). *Essentialist and existentialist authenticity*. Poster at the annual convention of the Society for Personality and Social Psychology, Portland.
- *Bauer, J. J., Montoya, R. M., Bauger, L., & Keefer, L. A. (2018, March). *Cultivating versus searching for meaning in life*. Poster at the annual convention of the Society for Personality and Social Psychology, Atlanta.
- *Bauer, J. J., Lauber, E. A., & Keefer, L. A. (2017, January). *Look how wise and virtuous I am: Distinguishing eudaimonic materialism from eudaimonic humanism and related motives*. Poster at the annual convention of the Society for Personality and Social Psychology, San Antonio.
- *Bauer, J. J., Prosser, J. L., Marshall, A. A., Auge, M., Holzhauser, M., & Greco, A. (2016, January). *What growth sounds like: Distinguishing narrative themes of eudaimonic growth and narrative tones of redemption, recovery, and self-improvement*. Poster at the annual convention of the Society for Personality and Social Psychology, San Diego.
- *Bauer, J. J., Auge, M., Holtzhauser, M., Marshall, A. A., McLean, K. C., & Lilgendahl, J. P. (2015, February). *Young growth, mature growth: What growth sounds like in narratives by age and well-being*. Poster at the annual convention of the Society for Personality and Social Psychology, Long Beach, CA.
- *Brown, M., & Bauer, J. J. (2015, February). *Writing about my adamantium skeleton: The effect of media self-assimilation on physical strength and male body image*. Poster at the

annual convention of the Society for Personality and Social Psychology, Long Beach, CA.

- *Wayment, H. A., Bauer, J. J., & Sylaska, K. (2014, May). *The Quiet Ego Scale: Measuring the compassionate self-identity*. Poster presented at the annual convention of the Association for Psychological Science, San Francisco.
- *Bauer, J. J., McLean, K. C., Lilgendahl, J. P., Graham, L. E., Lynch, B. P., & Lauber, E. A. (2014, February). *Growth is not just for the young: Age, well-being, and narratives of growth and redemption*. Poster at the annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
- *Lauber, E. A., & Bauer, J. J. (2014, February). *Perfectionism: Good, bad, or growth?* Poster at the annual meeting of the Society for Personality and Social Psychology, Austin, Texas.
- Montoya, R. M., & Bauer, J. J. (2013, January). *To B.S. or not to B.S.: Bullshit as a strategy for impression management*. Poster at the annual meeting of the Society for Personality and Social Psychology, New Orleans.
- *Bauer, J. J., & Graham, L. E. (2012, January). *Narratives of recovery, gain, and growth in relation to well-being*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- *Bauer, J. J., Kamble, S. V., & Park, S. W. (2011, January). *Growth motivation in India: Individualism, collectivism, caste, and gender*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- *Park, S. W., Colvin, C. R., Hill, K. M., & Bauer, J. J. (2011, January). *Accuracy and bias in self-perception of academic ability*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- *Boyce, K., Wayment, H. A., & Bauer, J. J. (2011, January). *Self-awareness, interdependence, compassion, and growth: Development of a Quiet Ego Scale*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- *Pesola, N., Bauer, J. J., & Park, S. W. (2010, May). *Growth motivation in Guatemala*. Poster presented at the annual meeting of the Association for Psychological Science, Boston.
- *Park, S. W., Taylor, B. A., Bauer, J. J., & Montoya, R. M. (2010, May). *A fundamental error in the fundamental attribution error*. Poster presented at the annual meeting of the Association for Psychological Science, Boston.

- *Arbuckle, N. B., & Bauer, J. J. (2010, February). *The effects of reverse stereotype presentation on performance*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- *Park, S. W., & Bauer, J. J. (2009, July). *Lack of effort, is it my responsibility? It depends on who you are*. Poster presented at the first annual meeting of the Association for Research in Personality, Evanston, IL.
- *Park, S., Bauer, J. J., Arbuckle, N. B., & Kimble, C. E. (2009, February). *Growth motivation attenuates the self-serving bias: An experimental setting*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Bauer, J. J., & McAdams, D. P. (2008, August). *Intentional self-development in emerging adulthood*. Poster presented at the annual convention of the American Psychological Association, Boston.
- *Moncher, C., & Bauer, J. J. (2008, August). *Incident-specific and global self-blame in sexual assault adjustment*. Poster at the annual convention of the American Psychological Association, Boston, 2008.
- *Park, S., Bauer, J. J., & Arbuckle, N. B. (2008, May). *Growth motivation attenuates the self-serving bias*. Poster session presented at the annual convention of the Association for Psychological Science, Chicago, IL.
- *Park, S., Bauer, J. J., & Arbuckle, N. B. (2008, May). *Growth motivation moderates the effect of self-esteem on the self-serving attribution*. Poster session presented at the annual convention of the Society for the Study of Motivation, Chicago, IL.
- *Park, S., Bauer, J. J., & Arbuckle, N. B. (2008, May). *Who has motivation for growth and self-improvement?* Poster session presented at the annual convention of the Society for the Study of Motivation, Chicago, IL.
- *Bauer, J. J., Wayment, H. A., Park, S., Lauer, A., Perciful, M. S., Arbuckle, N. B. (2008, February). *The growth motivation index: Differentiating cognitive and experiential motives toward development*. Poster presented at the annual convention of the Society for Personality and Social Psychology, Albuquerque.
- Wayment, H. A., & Bauer, J. J. (2008, February). *Wisdom and well-being among college students: The role of savoring and mindfulness*. Poster presented at the annual convention of the Society for Personality and Social Psychology, Albuquerque.
- *Moncher, C., Finley, G., & Bauer, J. J. (2007, April). *Who's to blame—you, me, or us? The role of blame in adjustment to sexual assault*. Poster presented at the annual meeting of Arizona Psi Chi, Flagstaff, AZ.
- *Irwin, C. M., Blankenship, V., Bauer, J., & Wayment, H. (2007, March). *Motivation for gambling in senior adults and overall life satisfaction*. Poster presented at the annual

convention of the Western Psychological Association, Vancouver, British Columbia, Canada.

Dickson, K. L., & Bauer, J. J. (2007, March). *Construction and use of crib cards in varying conditions of studying and testing*. Poster presented at the annual convention of the Society for Research on Childhood and Adolescence, Boston.

*Buchberg, K., Grahber, C., Wayment, H. A., & Bauer, J. J. (2007, March). *Wisdom and well-being among college students: The role of savoring and mindfulness*. Poster presented at the Arizona Psi Chi Research Conference, Flagstaff, Arizona.

Bauer, J. J. (2007, January). *Growth goals and the intentional development of maturity and happiness*. Poster presented at the annual convention of the Society for Personality and Social Psychology, Memphis.

Bauer, J. J., & McAdams, D. P. (2002, August). *Personal growth, interpersonal growth, satisfaction, and voluntary life transitions*. Poster presented at the annual convention of the American Psychological Association, Chicago.

*Bauer, J. J., Green, R. M., McAdams, D. P., & Sakaeda, A. R. (2002, February). *The three levels of the good life*. Poster presented at the annual convention of the Society for Personality and Social Psychology, Savannah, GA.

*Bauer, J. J., Sakaeda, A. R., & McAdams, D. P. (2001, August). *Growth versus consolidation in key episodes of life stories*. Poster presented at the annual convention of the American Psychological Association, San Francisco.

*Bauer, J. J., Sakaeda, A. R., Green, R. M., Janis, L., & McAdams, D. P. (2001, February). *Values, goals, growth, and well-being*. Poster presented at the annual convention of the Society for Personality and Social Psychology, San Antonio.

Bauer, J. J., & Bonanno, G. A. (1999, August). *Constructing narrative identity while adapting to conjugal bereavement*. Poster presented at the annual convention of the American Psychological Association, Boston.

Grants, Awards, Recognition

Self, Motivation, and Virtue Project of the John Templeton Foundation (2015-2017). P.I. (co-P.I., Peggy DesAutels, Philosophy Department, University of Dayton). Eudaimonic growth: How virtue and motivation shape narrative self development within a social ecology (\$190,000).

Visiting Scholar, Quality of Life Research Center, Claremont Graduate University (2015). Funding to support the launching of the Narrative Research Group (2014, 2016). University of Dayton College of Arts and Sciences (\$2,000).

John Templeton Foundation (2013-2015). Consultant. (PI: Julie Exline, Case Western Reserve University.) Religious/spiritual struggle as a fork in the road toward growth or decline: Setting the stage for healing and transformation (\$1.2 million).

- Metanexus Global Network Initiative Catalyst Grant (2009). P.I. – What is a good life? Transdisciplinary explorations of a life well lived as interpreted by diverse disciplines and peoples (ranked highly but grant program was terminated prior to award, \$30,000).
- Intramural Research Grants, University of Dayton Research Council (2008–\$5,200; 2007–\$5,344). P.I. – Research on narrative self-identity, eudaimonic personality development, intentional self-development, and voluntary life transitions.
- American Psychological Association Science Directorate Grant (2005). Co-P.I. with Heidi A. Wayment. Funding to co-ordinate the stand-alone conference, “The Quiet Ego: Implications of a Less-Defensive Orientation toward the Self and Others,” at Northern Arizona University, October 27-29 (\$13,000).
- Intramural Research Grants, Northern Arizona University (2005–\$11,000; 2004–\$7,600; 2003–\$3,000; 2003–\$2,000). P.I. – Research on narrative self-identity, eudaimonic personality development, intentional self-development, and voluntary life transitions.
- Bi-Annual Award for Outstanding Teaching (2005). Pi Beta Phi sorority, Northern Arizona University.
- Louie Award for Outstanding Teaching (2004). Associated Students of Northern Arizona University.
- Positive Psychology Young Scholars Grant, John Templeton Foundation (2002-2004). P.I. – Intentional Self-Development via Voluntary Life Transitions (\$10,000).
- “Most Important Paper of the Year,” *Journal of Research in Personality*. For Hart, H. M., McAdams, D. P., Hirsch, B. J., & Bauer, J. J. (2001).
- Positive Psychology Scholar, John Templeton Foundation (2000-2001). Growth and Well-Being in Stories of Voluntary Life Transitions. Selected for First Positive Psychology Summer Training Institute, Sea Ranch, CA (\$500).

Research Instruments Developed

Narrative measures of self-identity (coded by independent researchers with sufficient inter-rater reliability)

- The Quiet Ego (Bauer, in prep)
- Themes of Eudaimonic Growth in Narratives of Personal Memories (Bauer, McAdams, & Sakaeda, 2005a; revised Bauer, Graham, Lauber, & Lynch, 2019; Bauer et al., 2022)
 - Reflective Growth Themes reveal values/motives for cultivating new perspectives on the self and others (previously called Integrative Memories)
 - Experiential Growth Themes reveal values/motives for cultivating personally meaningful activities and relationships as well as helping others (three facets) (previously called Intrinsic Memories)
- Themes of Eudaimonic Growth in Narratives of Major Life Goals (Bauer & McAdams, 2004, revised 2010) – also in reflective and experiential forms (previously called Exploratory or Intellectual-Growth Goals and Socio-Emotional Growth Goals, respectively)
- Affective Sequences of Self-Improvement (Bauer, Graham, Lauber, & Lynch, 2019)
- Crystallization of Desire and Crystallization of Discontent in Narratives of Major Life Decisions (Bauer, McAdams, & Sakaeda, 2005b)
- Positive and Negative Self-Evaluations in Personal Narratives (Bauer & Bonanno, 2001b)

- Behavioral (Doing-Based) and Characterological (Being-Based) Self-Evaluations in Personal Narratives (Bauer & Bonanno, 2001b)
- Self-Efficacy in Personal Narratives (Bauer & Bonanno, 2001c)

Self-report scale measures of personality characteristics

- Essentialist versus Existentialist Authenticity Questionnaire (EEAQ – Shanahan & Bauer, in prep, based on Bauer, 2021)
- Hedonic, Eudaimonic, Humanistic, & Economistic Motives Scale (HEHE – Bauer, in prep)
- Growth Motivation Index (GMI – Bauer, Park, Montoya, & Wayment, 2015)
 - *Translated into Japanese, Spanish, Portuguese, and Turkish*
- Quiet Ego Scale (QES – Wayment, Bauer, Sylaska, 2015)
- Life Impact from Transitions (LIFT – Bauer & McAdams, 2004b)

Associations

Invited Member, Society for Personology
 Founding Member, Narrative Research Group
 Fellow, Society for Personality and Social Psychology (APA Div. 8)
 Member, Society for Theoretical and Philosophical Psychology (APA Div. 24)
 Member, Society for Humanistic Psychology (APA Div. 32)
 Member, Society for General Psychology (APA Div. 1)
 Member, Association for Research in Personality
 Member, International Society for the Science of Existential Psychology
 Member, Association for Psychological Science (former)
 Member, American Psychological Association (former)

Manuscript Reviews (more than 200 as of 12/2019)

Acta Psychologica
Applied Cognitive Psychology
Cogent Psychology
Cognition and Emotion
Communication Education
Current Directions in Psychological Science
Current Psychology
Developmental Psychology
Journal of Adult Development
Journal of Happiness Studies
Journal of Moral Education
Journal of Personality
Journal of Personality and Social Psychology
Journal of Personality Assessment
Journal of Positive Psychology
Journal of Research in Personality
Memory
Mindfulness
Motivation and Emotion

Narrative Inquiry
Personal Relationships
Personality and Individual Differences
Personality and Social Psychology Review
Perspectives on Psychological Science
Psychology and Aging
Research in Autism Spectrum Disorders
Review of General Psychology
Review of Philosophy and Psychology
Self and Identity
Settler Colonial Studies
Social and Personality Psychology Compass
Social Behavior and Personality: An International Journal
Social Cognition
Social Psychological and Personality Science
The Narrative Study of Lives (edited book series)
Vision: The Journal of Business Perspective
 Book proposals, chapter manuscripts, and completed book manuscripts for:
 American Psychological Association Books
 Johns Hopkins University Press
 Lawrence Erlbaum Associates
 Oxford University Press
 Prentice Hall
 Springer

Other Professional Service

Grant reviewer, Social Sciences and Humanities Research Council of Canada, 2024
 Grant reviewer, Deutsche Forschungsgemeinschaft (German Research Foundation), 2018
 Grant reviewer, National Science Foundation, 2015
 Steering Committee, Society for Personology, 2024-2028
 Liaison to Murray Award committee, Society for Personology, 2012-2013
 External committee member for faculty appointment, Aarhus University, Denmark, 2020
 External reviewer of tenure and promotion applications of faculty at other institutions: 2013, 2014, 2016, 2017, 2018 (2), 2020, 2021 (2)

Post-Doctoral Fellow Supervision

(Note: The University of Dayton does not have a doctoral program in psychology)

Lucas Keefer, Ph.D., University of Kansas (2014-2016)
Fellowship funded by the University of Dayton College of Arts and Sciences

- Joint supervision of postdoctoral fellow for a longitudinal study of adult development

Hiroko Kamide, Ph.D., Osaka University, Japan (2008-2009)
Fellowship funded by Japanese government

- Studied with me at University of Dayton during two extended stays

- Research on narrative identity, growth narratives, and eudaimonia

Pre-Doctoral Fellow Supervision

(Note: The University of Dayton does not have a doctoral program in psychology)

Lars Bauger, M.A., University College of Southern Norway (2015-2016)

Fellowship funded by Norwegian government

- Robert Bongaardt, PhD, dissertation advisor
- Research on adult personality development and psychological well-being

Doctoral Dissertation Committees

(Note: The University of Dayton does not have a doctoral program in psychology)

Reader

Pedersen, Anne Mai (2022). *Narrative identity and self-understanding in relation to bipolar disorder*. For Ph.D. in Clinical Psychology, Aarhus University, Aarhus, Denmark.

Niese, Marianne (2022). *“I’m not going through this alone”: The lived experiences of community college students in a collegiate recovery program*. For Ph.D. in Higher Education Leadership, University of Dayton.

Dong, Mengxi (2021). *What is it like to be wise? The nomological network and necessary conditions of wisdom*. For Ph.D. in Clinical/Personality Psychology, University of Toronto – Scarborough.

Weststrate, Nic (2017). *The examined life: Relations among life experience, self-reflection, and wisdom*. For Ph.D. in Developmental Psychology, University of Toronto.

Minix, Matthew (2016). *Mid-twentieth century approaches to modern psychology*. For Ph.D. in Religious Studies, University of Dayton.

Schwab, Joseph (2015). *The narrative construction of identity in emerging adults: Reflections on the good life*. For Ph.D. in Developmental Psychology, Clark University, Worcester, MA.

Shafer, Cynthia (2012). *Muslim women on a catholic campus: How muslim women students experience life on catholic campuses*. For Ph.D. in Higher Education Leadership, University of Dayton.

Millar, Patti (2011). *Altered paths: How personal and social identities change after leaving cultic groups*. For Ph.D. in Clinical Psychology, Fielding Graduate University, Santa Barbara, CA.

Schwind, Cassandra (2011). *Bad luck comes in threes: A narrative investigation of the impact of multiple traumatic events*. For Ph.D. in Counseling Psychology, Swinburne University of Technology, Melbourne, Australia.

Master’s Thesis Committees (in General/Experimental Psychology, unless otherwise noted)

(Note: The University of Dayton terminated its M.A. program in General/Experimental Psychology in 2021)

Chair

- Joe DeBrosse (expected 2024). *Contamination sequences in life stories*. University of Dayton.
- Gabriella Vargas (2020). *Examining generative concern in adults' family stories*. University of Dayton.
- Christopher Jurgens (2020). *Relatedness and well-being in the digital age*. University of Dayton.
- Patti (Brodbeck) Marriott (2018). *The relations of conscientiousness, risk avoidance, growth motivation and Facebook usage and regret*. University of Dayton.
- Colin Shanahan (2018). *Essentialist and existentialist: Measuring two visions of authenticity*. University of Dayton.
- Mitch Brown (2014). "Train real hard, brother!" *The moderating role of identification with masculine role models on male body image processes*. University of Dayton.
- Elissa Lauber (2013). *Perfectionism: Good, bad, or growth?* University of Dayton.
- Ashley Skoda (2011; co-chair). *The relation between self-compassion, depression, and forgiveness*. Clinical Psychology, University of Dayton.
- Nicole Arbuckle (2009). *The effect of reverse stereotype presentation on performance under stereotype threat*. University of Dayton.
- Sun W. Park (2009). *Personality and situational factors in judgments of responsibility*. University of Dayton.
- Joe Schwab (2008). *A social-cognitive perspective on the development of religious thought*. University of Dayton. (Thesis unfinished; moved to PhD program.)
- Stepanie Zolomij (2007). *Self-compassion and psychological disorders*. Clinical Psychology, University of Dayton.
- Carli Moncher (2007). *Adjustment to sexual assault: The predictive strength of self-attributions and self-efficacy*. Clinical Health Psychology, Northern Arizona University.
- Jeremy Royal (2006). *Deciphering the relations among guilt, shame, and religious orientation: Is it all just social anxiety?* Northern Arizona University.

Supervisor of UD Graduate School Summer Fellowships awarded to:

- Joe DeBrosse (2018)
- Christopher Jurgens (2018)
- Colin Shanahan (2017)
- Mitch Brown (2013)
- Elissa Lauber (2012)
- Sun Park (2008)

Reader

- Brady Wilson (in progress; post-proposal). *Gender differences in the association between psychological entitlement and ambivalent sexism: The mediating role of social dominance orientation and right-wing authoritarianism*. University of Dayton.
- Kiersten Weatherbie (in progress; post-proposal). *The moderating effects of ambivalent sexism on the attractiveness of gender role congruity*. University of Dayton.
- Maria Musumeci (2021). *COVID threat perceptions and voting in the 2020 presidential election*. University of Dayton.
- Emily Budde (2020). *The effects of superordinate goals and superordinate identity on outgroup liking and behavioral aggression*. University of Dayton.

- Brandon Porter (2019). *The effect of norm of group interest in response to leader dissent*. University of Dayton.
- Mark Matthews (2018). *Can self-enhancement replace compensatory spending as a means of benefitting psychological well-being? An experimental analysis*. University of Dayton.
- Angela Receveur (2016). *Regulating consequences: The effects of regulatory focus and alcohol expectancies on alcohol consumption in a peer context*. University of Dayton.
- Laura Graham (2015). *The elevated good life: Moral elevation and elevation narratives in relation to eudaimonic well-being*. Claremont Graduate University.
- Julie Prosser (2015). *Under pressure? The relationship between reciprocity, intimacy, and obligation in self-disclosure*. University of Dayton.
- Corie Tippet (2014). *Mediators and moderators of the association between self-silencing and depression*. Clinical Psychology, University of Dayton.
- Haylee DeLuca (2013). *Aggressive humor: Not always aggressive*. University of Dayton.
- Bridget Lynch (2013). *Do autonomous individuals strive for self positivity? A test of the universality of self-enhancement*. University of Dayton.
- Michelle Lanham (2011). *Gratitude and burnout among mental health care providers*. Clinical Psychology, University of Dayton.
- Jennifer Farrell (2010). *Forgiveness, mood, and attachment style*. Clinical Psychology, University of Dayton.
- Nicole Matros (2009). *Motivations for forgiveness*. Clinical Psychology, University of Dayton.
- Jessie Beauvais (2007). *Emotional intelligence of high school teachers*. Clinical Psychology, University of Dayton.
- Courtney Irwin (2005). *Motivation for gambling in senior adults*. Northern Arizona University.
- Laura Minch (2005). *Relatedness and flow in female athletes: Team versus individual sports*. Northern Arizona University.
- Kelly James (2004). *Achievement goal motivation and academic performance*. Northern Arizona University.

Undergraduate Honors Thesis Committees

Chair

- Ashley Ann Marshall (2015). *Personal development when studying abroad*. University of Dayton.
- Matt Graci (2011; Co-Chair). *The false consensus effect of virtue*. University of Dayton.
- LeeAnn Chomanics (2010). *Drinking attitudes and behaviors*. University of Dayton.
- Lindsay Richerson (2006). *The effects of spirituality on life satisfaction and well-being*. Northern Arizona University.

Reader

- Courtney Zanocco (2001). *A narrative study of voluntary adult career transitions: Positive return to the real self*. Northwestern University.
- Amanda Fanniff (2001). *A narrative study of religious conversion: The role of attachment in religious behavior*. Northwestern University.

University Committee Service

University of Dayton

University

- Tenure and Promotion Committee (2016-17)
- University of Dayton Research Institute, Research Council (2013-2016)
- Library Committee (2010-13)
- University of Dayton Research Institute Website Committee (2010-11)

College of Arts and Sciences

- Strategic Planning Committee, Team for Faculty Scholarship (Co-Leader, 2016)
- Tenure and Promotion Committee (2013-2017)
- Forum on Leadership, Human Values, and the Social Sciences (Chair, 2014)
- Social Sciences Symposium (Chair, 2010-2013)
- Roesch Chair Lecture Series (Chair, 2010-2013)
- Learn, Lead, & Serve Scholarship Selection Committee (2010-2013)
- UD/Dayton Program Committee (2010-11)

Department of Psychology

- Summer Study Abroad Committee (Founding Chair; co-chair 2015-2022)
- Tenure and Promotion Committee (2009-present; Chair 2011-12, 2015-2017, 2023-24)
- Faculty Affairs Committee (Chair 2007-08, Chair 2009-2012; 2019-20, 2022-23)
- Faculty Search Committees (Chair, 2009-10, Chair 2011-12; 2007-08, 2008-09, 2009-10, 2010-11, 2011-12, 2012-13, 2017-18, 2021)
- Search Committee for Department Chair (Chair, 2009)
- Colloquium Committee (Chair, 2007-2010)
- Undergraduate Curriculum Committee (2007-2012)
- Graduate Program Committee, M.A. in General/Experimental Psychology (2006-2021)

Northern Arizona University

College of Social and Behavioral Sciences

- Strategic Planning Committee (2005-06)
- Curriculum Committee (2002-05)

Department of Psychology

- Undergraduate Program Committee (2002-06; Chair 2005-06)
- Academic Assessment Committee (2005-06)
- Faculty Annual Review Committee (2004-06)
- Faculty Search Committees (5) (2003-06)
- Graduate Program Committee, M.A. in General Psychology (2002-06)

Teaching/Service in Summer Study Abroad Programs at the University of Dayton

Barcelona (June-July 2017)

London (June-July 2014; Program Coordinator)

Paris (May-June 2011; Program Coordinator)

Paris (May-June 2009)

Dissertation and Thesis

Dissertation (1999): *Constructing narrative identity while adapting to major life change*

Thesis (1997): *Making sense of stories that make sense of life: The theory, methods, and reliability of the Meanings in Life Coding System*

Strategic Planning (*some items are also listed elsewhere*)

Academic

Co-Chair, College Strategic Planning Committee for Faculty Scholarship, UD, 2016
Member, College Strategic Planning Committee, NAU, 2005-06

Corporate

Consultant for Strategic Planning and Marketing, OGT Inc., Cleveland, OH, 1993-97
Liaison to Executive Strategic Planning Committee, Harris Bank, Chicago, IL, 1992

Civic

Member, Strategic Planning Board, Schoolcraft County, MI, 1990-91

Media Stories Authored (*as a professor*)

Bauer, J. J. (2022, October 17). How stories foster flourishing. *NPR's Academic Minute*.

Bauer, J. J. (2011, Summer). Your story, your self: Life stories and the science of happiness and meaning. *University of Dayton Magazine*, 3, 33-37.

Bauer, J. J. (2011, September 7). Taking stock of 9/11. *CNBC, Dayton Business Journal*, and numerous other websites.

Selected Academic Media Relations

Psychologie Magazine (2022, Netherlands). "The quiet ego," interview by Roos van Hennekeler.

Holy Cross Magazine (2021). Interviewed for story, "How do you tell the story of your life?" with Mark Freeman by Lori Furguson about our work in narrative psychology.

HurrySlowly podcast (2019). "The quiet ego," interview of Scott Barry Kaufman on Heidi Wayment's and my work by Jocelyn K. Gleib.

Psychology Today (2019). "Shhhh...is your ego too loud?" Story on the quiet ego by Michelle McQuaid.

YouTube, University of Dayton website (2019). 90-second video, "How to be happy," produced by Mike Kurtz

Scientific American website (2018). "The pressing need for everyone to quiet their egos," by Scott Barry Kaufman (and several articles based on this one, e.g., *Forbes magazine*)

Medium Magazine: The New New (2018). Story on personal growth by Maggie Puniewska, "When Self-Help Just Makes Your Life Worse," in part based on recent *J of Personality* article, "What Growth Sounds Like..."

Spark (2018), news magazine in Liberty Township, Ohio. Story on happiness and self-care by Megan Finke

The Quiet Revolution website: www.quietrev.com (2015). Story on the quiet ego (Wayment & Bauer, Eds., 2008) by Scott Barry Kaufman for Susan Cain's website

University of Dayton Magazine (2014). Interviewed by Audrey Starr for story on the upcoming longitudinal study of alumni's adult development

WDTN 2 News (2014). Interviewed by Alexa Ashwell for a TV news story on the emotional impact of cold weather and how to boost your mood

Scientific American Mind (2013). My co-edited book, *Transcending Self-Interest: Psychological Explorations of the Quiet Ego*, was featured as suggested reading in an article, "Letting go of self-esteem," by Jennifer Crocker and Jessica Carnevale

University of Dayton Magazine (2013). Interviewed by Audrey Starr for how-to column on "How to host a (mostly healthy, pretty happy) holiday meal."

Huffington Post (2013). Research featured in "The joys of generativity in midlife" by Susan Krauss Whitbourne

Healthymagination.com (2012). Story, "Can a Quiet Ego make you healthier?" by Dan Ferber

University of Dayton website (2011). Video on happiness, produced by Mike Kurtz

Dayton Daily News (2012). Story on the psychology of giving up and doing things for Lent. Interviewed by Meredith Moss

Dayton Daily News (2011). Story on 10th anniversary of 9/11. Interviewed by Mark Fisher

Chicago Tribune (2011). Story on happiness research. Interviewed by Cheryl McCarthy

Whole Living Journal (2011). Reprint of UD Alumni Magazine article

Prevention Magazine (2010). Interviewed by Fran Smith for story on posttraumatic growth

University of Dayton Magazine (2010). Interviewed by Matt DeWald for how-to column on meaning, happiness and science

Dayton Daily News (2010). Interviewed by Chelsea Levingston for story on how people can and do reinvent themselves for career changes

American Psychological Association Monitor (2010). Interviewed by Sadie Dingfelder for story on narrative psychology

More magazine (2009). Interviewed by Susan Crandall for story on mid-life women's personality changes and making major life transitions

Troy Daily News (2009). Interviewed by David Fong for story on parental involvement in their children's sports

Elle Magazine (2009). Interviewed by Louisa Kamps for story on making life decisions. Featured my research on "crystallization of desire" versus "crystallization of discontent" from *Journal of Research in Personality* (2005)

University of Dayton Flyer News (2008). Interviewed by Kelsey Canoon for story on the Millennial Generation

Best Life magazine (2008). Interviewed by Mike Zimmerman for story and book on personal growth and defining moments in life

Psychology Today (2006). Interviewed by Kathleen McGowan for story on posttraumatic growth. Featured my research on the optimal balance of positive and negative self-evaluation from *Journal of Personality* (2001)

Middletown Journal (2006). Interviewed by Carrie Whittaker for story on middle-school adjustment

National Public Radio (2005). Interviewed by Allison Aubrey for story on positive psychology

Arizona Republic (2005). Interviewed by Richard Nilson for story on happiness research, drawing from my research on eudaimonic well-being in *Journal of Personality and Social Psychology* (2005)

Allure magazine (2004). Interviewed for a story on setting personal goals, drawing from my research on growth goals in *Developmental Psychology* (2004)

Community Involvement

- Coaching: Youth baseball, basketball, soccer
- Oakwood Sister City Association member (representative to Le Vésinet, France)
- Volunteer in public schools (e.g., physical education, disabilities awareness, art history, writing, social science, Parent-Teacher Organization)
- Human rights: International Campaign for Tibet (Washington, DC)
- Charity fundraising: Housing (Chicago, Washington, DC), Health (Cleveland, Dayton)
- Schoolcraft County (Michigan) Strategic Planning Board member

Personal Interests

- My family
- Travel; baseball; playing outdoors
- Writing, reading; jazz, poetry, modern art; self-identity and meaning in the 21st century
- Ancient Eastern and modern Western philosophy of a good life; Buddhism & its evolution
- Trends in humor, advertising, and self-help books